

# KNOB NOSTER BREAKFAST JANUARY 2019

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
7	8 EGG AND CHEESE BISCUIT FRESH FRUIT FRUIT JUICE HILAND MILK CEREAL YOGURT	9 CINNAMON BREAKFAST CAKE YOGURT FRUIT FRUIT JUICE HILAND MILK CEREAL YOGURT	10 MINI FRENCH TOAST SYRUP FRUIT FRUIT JUICE HILAND MILK CEREAL YOGURT	11 BISCUITS BISCUIT GRAVY SAUSAGE LINK FRUIT FRUIT JUICE HILAND MILK CEREAL YOGURT
14 SAUSAGE BISCUIT FRUIT FRUIT JUICE HILAND MILK CEREAL YOGURT	15 OMELET WHOLE WHEAT TOAST FRESH FRUIT FRUIT JUICE HILAND MILK CEREAL YOGURT	16 BREAKFAST PIZZA FRUIT FRUIT JUICE HILAND MILK CEREAL	17 PANCAKE WRAP FRUIT FRUIT JUICE HILAND MILK CEREAL YOGURT	18 WHOLE GRAIN BISCUIT BISCUIT GRAVY HASHBROWN SAUSAGE LINK FRUIT FRUIT JUICE HILAND MILK CEREAL YOGURT
21 PANCAKES SYRUP FRUIT FRUIT JUICE HILAND MILK CEREAL YOGURT	22 EGG & CHEESE BISCUIT FRESH FRUIT FRUIT JUICE HILAND MILK CEREAL YOGURT	23 CINNAMON BREAKFAST CAKE YOGURT FRUIT FRUIT JUICE HILAND MILK CEREAL	24 MINI FRENCH TOAST SYRUP FRUIT FRUIT JUICE HILAND MILK CEREAL YOGURT	25 WHOLE GRAIN BISCUIT BISCUIT GRAVY SAUSAGE LINK FRUIT FRUIT JUICE HILAND MILK CEREAL YOGURT
28 SAUSAGE BISCUIT FRUIT FRUIT JUICE HILAND MILK CEREAL YOGURT	OMELET WHOLE WHEAT TOAST FRESH FRUIT FRUIT JUICE HILAND MILK CEREAL YOGURT	BREAKFAST PIZZA FRUIT FRUIT JUICE HILAND MILK CEREAL	PANCAKE WRAP FRUIT FRUIT JUICE HILAND MILK CEREAL YOGURT	WHOLE GRAIN BISCUIT BISCUIT GRAVY HASHBROWN SAUSAGE LINK FRUIT FRUIT JUICE HILAND MILK CEREAL YOGURT

\*THIS INSTITUTION IS AN EQUAL OPPORTUNITY EMPLOYER