

**KNOB NOSTER MS LUNCH  
JANUARY 2019**

Monday	Tuesday	Wednesday	Thursday	Friday
	1 NO SCHOOL TODAY	2 NO SCHOOL TODAY	3 NO SCHOOL TODAY	4 NO SCHOOL TODAY
7 NO SCHOOL TODAY	8 BREADED MOZZARELLA STICKS MARINARA SAUCE CORN CARROTS FRUIT HILAND MILK TURKEY AND CHEESE SUB W/ CARROTS CHICKEN PATTY SANDWICH	9 CHICKEN STRIPS GRAVY MASHED POTATOES CALIFORNIA BLEND FRUIT WHOLE GRAIN ROLL HILAND MILK CHICKEN CIABATTA W/ CARROTS CHEESEBURGER	10 GRILLED CHEESE TOMATO BISQUE SOUP GREEN BEANS FRUIT HILAND MILK TURKEY FLATBREAD SANDWICH CHICKEN PATTY SANDWICH	11 PEPPERONI PIZZA TOSSED SALAD CUCUMBER SLICES RANCH DRESSING FRUIT HILAND MILK CHEESEBURGER
14 CRISPITO CHEESE SAUCE SALSA REFRIED BEANS FRUIT COOKIES MILK TURKEY AND CHEESE SUB W/ CARROTS AND DIP CHEESEBURGER	15 HOT DOG ON A BUN FRENCH FRIES Ketchup PORK & BEANS FRUIT HILAND MILK TURKEY & CHEESE ROLL UP W/ CARROTS	16 CHICKEN PATTY GRAVY MASHED POTATOES GREEN BEANS FRUIT ROLL HILAND MILK SUB SANDWICH W/ CARROTS CHEESEBURGER	17 CHILI CRACKERS BROCCOLI W/ CHEESE CINNAMON ROLL FRUIT HILAND MILK HAM & CHEESE GOLDFISH SANDWICH W/ CARROTS	18 CHEESE PIZZA ROMAINE SALAD W/ TOMATO Baby Carrots RANCH DRESSING FRESH FRUIT HILAND MILK CHEESEBURGER
21 CHEESEBURGER FRENCH FRIES FRESH BROCCOLI CHEESE SAUCE FRUIT HILAND MILK HAM & CHEESE GOLDFISH SANDWICH W/ CARROTS CHICKEN PATTY SANDWICH	22 SPAGHETTI BREADSTICK CORN CARROTS FRUIT HILAND MILK TURKEY AND CHEESE SUB W/ CARROTS CHEESEBURGER	23 CHICKEN STRIPS GRAVY MASHED POTATOES GREEN BEANS FRUIT WHOLE GRAIN ROLL HILAND MILK CHICKEN CIABATTA W/ CARROTS CHEESEBURGER	24 QUESADILLAS SEASONED BLACK BEANS CORN FRUIT HILAND MILK TURKEY FLATBREAD W/ CARROTS CHICKEN PATTY SANDWICH	25 SAUSAGE PIZZA TOSSED SALAD BABY CARROTS RANCH DRESSING FRUIT HILAND MILK CHEESEBURGER
28 CORN DOG POTATO WEDGE BAKED BEANS FRUIT HILAND MILK TURKEY AND CHEESE SUB W/ CARROTS CHEESEBURGER	29 NACHOS CARROTS FRUIT HILAND MILK HAM & CHEESE GOLDFISH SANDWICH W/ CARROTS CHICKEN PATTY SANDWICH	30 CHICKEN PATTY GRAVY MASHED POTATOES GREEN BEANS FRUIT WHOLE GRAIN ROLL HILAND MILK SUB SANDWICH W/ CARROTS CHEESEBURGER	31 HOT DOG ON A BUN TATER TOTS Ketchup PORK & BEANS FRUIT HILAND MILK TURKEY & CHEESE ROLL UP W/ CARROTS CHICKEN PATTY SANDWICH	1 CHEESE PIZZA ROMAINE SALAD W/ TOMATO BABY CARROTS RANCH DRESSING FRESH FRUIT HILAND MILK CHEESEBURGER

\*THIS EMPLOYER IS AN EQUAL OPPORTUNITY PROVIDER