

KNOB NOSTER HIGH SCHOOL LUNCH

MAY 2018

Monday	Tuesday	Wednesday	Thursday	Friday
	1 SPAGHETTI BREADSTICK Broccoli CARROTS FRUIT HILAND MILK TURKEY AND CHEESE SUB W/ CARROTS CHICKEN SANDWICH	2 CHICKEN STRIPS GRAVY MASHED POTATOES GREEN BEANS FRUIT WHOLE GRAIN ROLL HILAND MILK CHICKEN CIABATTA W/ CARROTS HOT HAM AND CHEESE FLATBREAD	3 BBQ RIB SANDWICH FRENCH FRIES Ketchup PORK & BEANS FRUIT HILAND MILK TURKEY & CHEESE ROLL UP W/ CARROTS CHICKEN SANDWICH	4 SAUSAGE PIZZA ROMAINE SALAD W/ TOMATO Baby Carrots RANCH DRESSING FRUIT HILAND MILK PB & J SANDWICH W/ CARROTS CHEESEBURGER
7 CHEESEBURGER KETCHUP FRENCH FRIES FRESH BROCCOLI CHEESE SAUCE FRUIT HILAND MILK HAM & CHEESE GOLDFISH SANDWICH W/ CARROTS CHICKEN SANDWICH	8 CRISPITO CHEESE SAUCE CORN CARROTS FRUIT HILAND MILK TURKEY AND CHEESE SUB W/ CARROTS CHEESEBURGER	9 CHICKEN PATTY GRAVY MASHED POTATOES GREEN BEANS FRUIT WHOLE GRAIN ROLL HILAND MILK SUB SANDWICH W/ CARROTS CHEESEBURGER	10 QUESADILLAS Salsa SEASONED BLACK BEANS CORN FRUIT HILAND MILK TURKEY FLATBREAD W/ CARROTS CHICKEN SANDWICH	11 CHEESE PIZZA ROMAINE SALAD W/ TOMATO BABY CARROTS RANCH DRESSING FRESH FRUIT HILAND MILK PB & J SANDWICH W/ CARROTS CHICKEN SANDWICH
14 CORN DOG Ketchup POTATO WEDGE BAKED BEANS FRUIT HILAND MILK CHICKEN CIABATTA W/ CARROTS CHEESEBURGER	15 BEEF NACHOS SALSA FRUIT HILAND MILK HAM & CHEESE SANDWICH W/ CARROTS CHICKEN SANDWICH	16 CHICKEN STRIPS GRAVY MASHED POTATOES GREEN BEANS FRUIT WHOLE GRAIN ROLL HILAND MILK CHICKEN CIABATTA W/ CARROTS CHEESEBURGER	17 HOT DOG ON A BUN TATER TOTS Ketchup CHILI BEANS FRUIT HILAND MILK TURKEY & CHEESE ROLL UP W/ CARROTS CHICKEN SANDWICH	18 SAUSAGE PIZZA ROMAINE SALAD W/ TOMATO Baby Carrots RANCH DRESSING FRUIT HILAND MILK PB & J SANDWICH W/ CARROTS CHEESEBURGER
21 CHICKEN NUGGET BROWN RICE FRESH BROCCOLI CHEESE SAUCE FRUIT HILAND MILK HAM & CHEESE GOLDFISH SANDWICH W/ CARROTS CHEESEBURGER ON WHOLE WHEAT BUN	22 CHEESE PIZZA ROMAINE SALAD W/ TOMATO CUCUMBER RANCH DRESSING FRESH FRUIT HILAND MILK PB & J SANDWICH W/ CARROTS CHEESEBURGER ON WHOLE WHEAT BUN	23 CHEESEBURGER FRENCH FRIES GREEN BEANS FRUIT HILAND MILK SUB SANDWICH W/ CARROTS CHICKEN PATTY SANDWICH	24 SUB SANDWICH W/ CARROTS MULTI GRAIN SUNCHIPS FRESH FRUIT COOKIES HILAND MILK	

*THIS INSTITUTION IS AN EQUAL OPPORTUNITY EMPLOYER