

KNOB NOSTER MIDDLE SCHOOL LUNCH

MAY 2018

Monday	Tuesday	Wednesday	Thursday	Friday
	1 SPAGHETTI BREADSTICK Broccoli CARROTS FRUIT HILAND MILK TURKEY AND CHEESE SUB W/ CARROTS	2 CHICKEN STRIPS GRAVY MASHED POTATOES GREEN BEANS FRUIT WHOLE GRAIN ROLL HILAND MILK CHICKEN CIABATTA W/ CARROTS	3 BBQ RIB SANDWICH FRENCH FRIES Ketchup PORK & BEANS FRUIT HILAND MILK TURKEY & CHEESE ROLL UP W/ CARROTS	4 SAUSAGE PIZZA ROMAINE SALAD W/ TOMATO Baby Carrots RANCH DRESSING FRUIT HILAND MILK PB & J SANDWICH W/ CARROTS
7 CHEESEBURGER KETCHUP FRENCH FRIES FRESH BROCCOLI CHEESE SAUCE FRUIT HILAND MILK HAM & CHEESE GOLDFISH SANDWICH W/ CARROTS	8 CRISPITO CHEESE SAUCE CORN CARROTS FRUIT HILAND MILK HAM & CHEESE GOLDFISH SANDWICH W/ CARROTS	9 CHICKEN PATTY BROWNGRAVY MASHED POTATOES GREEN BEANS FRUIT WHOLE GRAIN ROLL HILAND MILK SUB SANDWICH W/ CARROTS	10 CHICKEN QUESADILLA Salsa SEASONED BLACK BEANS CORN FRUIT HILAND MILK TURKEY FLATBREAD W/ CARROTS	11 CHEESE PIZZA ROMAINE SALAD W/ TOMATO CUCUMBER RANCH DRESSING FRESH FRUIT HILAND MILK PB & J SANDWICH W/ CARROTS
14 CORN DOG Ketchup POTATO WEDGE BAKED BEANS FRUIT HILAND MILK CHICKEN CIABATTA W/ CARROTS	15 BEEF NACHOS SALSA FRUIT HILAND MILK HAM & CHEESE GOLDFISH SANDWICH W/ CARROTS	16 CHICKEN STRIPS GRAVY MASHED POTATOES GREEN BEANS FRUIT WHOLE GRAIN ROLL HILAND MILK CHICKEN CIABATTA W/ CARROTS	17 HOT DOG ON A BUN TATER TOTS Ketchup CHILI BEANS FRUIT HILAND MILK TURKEY & CHEESE ROLL UP W/ CARROTS	18 SAUSAGE PIZZA ROMAINE SALAD W/ TOMATO Baby Carrots RANCH DRESSING FRUIT HILAND MILK PB & J SANDWICH W/ CARROTS
21 CHICKEN NUGGET BROWN RICE FRESH BROCCOLI CHEESE SAUCE FRUIT HILAND MILK HAM & CHEESE GOLDFISH SANDWICH W/ CARROTS	22 CHEESE PIZZA ROMAINE SALAD W/ TOMATO CUCUMBER RANCH DRESSING FRESH FRUIT HILAND MILK PB & J SANDWICH W/ CARROTS	23 CHEESEBURGER FRENCH FRIES GREEN BEANS FRUIT HILAND MILK SUB SANDWICH W/ CARROTS	24 SUB SANDWICH CARROTS MULTI GRAIN SUNCHIPS FRESH FRUIT COOKIES HILAND MILK	

*THIS EMPLOYER IS AN EQUAL OPPORTUNITY PROVIDER