

SGC FOODSERVICE
KNOB NOSTER LUNCH
NOVEMBER 2018

Monday	Tuesday	Wednesday	Thursday	Friday
			Thu - 11/1/2018 HOT DOG ON A BUN TATER TOTS Ketchup PORK & BEANS FRUIT HILAND MILK TURKEY & CHEESE ROLL UP W/ CARROTS	Fri - 11/2/2018 CHEESE PIZZA ROMAINE SALAD W/ TOMATO BABY CARROTS RANCH DRESSING FRESH FRUIT HILAND MILK PB & J SANDWICH W/ CARROTS
Mon - 11/5/2018 CHICKEN NUGGET BROWN RICE FRESH BROCCOLI CHEESE SAUCE FRUIT HILAND MILK HAM & CHEESE GOLDFISH SANDWICH W/ CARROTS	Tue - 11/6/2018 BREADED MOZZARELLA STICKS MARINARA SAUCE CORN CARROTS FRUIT HILAND MILK TURKEY AND CHEESE SUB W/ CARROTS	Wed - 11/7/2018 CHICKEN STRIPS GRAVY MASHED POTATOES CALIFORNIA BLEND FRUIT WHOLE GRAIN ROLL HILAND MILK CHICKEN CIABATTA W/ CARROTS	Thu - 11/8/2018 GRILLED CHEESE SANDWICH TOMATO BISQUE SOUP GREEN BEANS FRUIT HILAND MILK TURKEY FLATBREAD SANDWICH	Fri - 11/9/2018 PEPPERONI PIZZA ROMAINE SALAD W/ TOMATO CUCUMBER SLICES RANCH DRESSING FRUIT HILAND MILK PB & J SANDWICH W/ CARROTS
Mon - 11/12/2018 NO SCHOOL TODAY	Tue - 11/13/2018 Crunchy Taco Cheesy Mexican Rice Carrots FRUIT HILAND MILK TURKEY & CHEESE ROLL UP W/ CARROTS	Wed - 11/14/2018 Chicken Patty GRAVY MASHED POTATOES GREEN BEANS FRUIT WHOLE GRAIN ROLL HILAND MILK SUB SANDWICH W/ CARROTS	Thu - 11/15/2018 CHILI CRACKERS BROCCOLI W/ CHEESE CINNAMON ROLL FRUIT HILAND MILK HAM & CHEESE GOLDFISH SANDWICH W/ CARROTS	Fri - 11/16/2018 CHEESE PIZZA ROMAINE SALAD W/ TOMATO Baby Carrots RANCH DRESSING FRESH FRUIT HILAND MILK PB & J SANDWICH W/ CARROTS
Mon - 11/19/2018 NO SCHOOL TODAY	Tue - 11/20/2018 NO SCHOOL TODAY	Wed - 11/21/2018 NO SCHOOL TODAY	Thu - 11/22/2018 NO SCHOOL TODAY	Fri - 11/23/2018 NO SCHOOL TODAY

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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KNOB NOSTER LUNCH
NOVEMBER 2018

Oct 16, 2018

Monday	Tuesday	Wednesday	Thursday	Friday
Mon - 11/26/2018	Tue - 11/27/2018	Wed - 11/28/2018	Thu - 11/29/2018	Fri - 11/30/2018
CHEESEBURGER ON WHOLE WHEAT BUN KETCHUP FRENCH FRIES FRESH BROCCOLI CHEESE SAUCE FRUIT HILAND MILK HAM & CHEESE GOLDFISH SANDWICH W/ CARROTS	SPAGHETTI W/ MEAT SAUCE BREADSTICK CORN CARROTS FRUIT HILAND MILK TURKEY AND CHEESE SUB W/ CARROTS	CHICKEN STRIPS GRAVY MASHED POTATOES GREEN BEANS FRUIT WHOLE GRAIN ROLL HILAND MILK CHICKEN CIABATTA W/ CARROTS	QUESADILLA Salsa SEASONED BLACK BEANS CORN FRUIT HILAND MILK TURKEY FLATBREAD W/ CARROTS	SAUSAGE PIZZA ROMAINE SALAD W/ TOMATO Baby Carrots RANCH DRESSING FRUIT HILAND MILK PB & J SANDWICH W/ CARROTS

*THIS EMPLOYER IS AN EQUAL OPPORTUNITY PROVIDER

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