

**SGC FOODSERVICE**  
**KNOB NOSTER MS LUNCH**  
**NOVEMBER 2018**

Monday	Tuesday	Wednesday	Thursday	Friday
			Thu - 11/1/2018  HOT DOG ON A BUN TATER TOTS Ketchup PORK & BEANS FRUIT HILAND MILK TURKEY & CHEESE ROLL UP W/ CARROTS CHICKEN PATTY SANDWICH	Fri - 11/2/2018  CHEESE PIZZA ROMAINE SALAD W/ TOMATO BABY CARROTS RANCH DRESSING FRESH FRUIT HILAND MILK PB & J SANDWICH W/ CARROTS CHEESEBURGER ON WHOLE WHEAT BUN
Mon - 11/5/2018  CHICKEN NUGGET BROWN RICE FRESH BROCCOLI CHEESE SAUCE FRUIT HILAND MILK HAM & CHEESE GOLDFISH SANDWICH W/ CARROTS	Tue - 11/6/2018  BREADED MOZZARELLA STICKS MARINARA SAUCE CORN CARROTS FRUIT HILAND MILK TURKEY AND CHEESE SUB W/ CARROTS	Wed - 11/7/2018  CHICKEN STRIPS GRAVY MASHED POTATOES CALIFORNIA BLEND FRUIT WHOLE GRAIN ROLL HILAND MILK CHICKEN CIABATTA W/ CARROTS	Thu - 11/8/2018  GRILLED CHEESE SANDWICH TOMATO BISQUE SOUP GREEN BEANS FRUIT HILAND MILK TURKEY FLATBREAD SANDWICH	Fri - 11/9/2018  PEPPERONI PIZZA ROMAINE SALAD W/ TOMATO CUCUMBER SLICES RANCH DRESSING FRUIT HILAND MILK PB & J SANDWICH W/ CARROTS
Mon - 11/12/2018  NO SCHOOL TODAY	Tue - 11/13/2018  Crunchy Taco Cheesy Mexican Rice Carrots FRUIT HILAND MILK TURKEY & CHEESE ROLL UP W/ CARROTS	Wed - 11/14/2018  Chicken Patty GRAVY MASHED POTATOES GREEN BEANS FRUIT WHOLE GRAIN ROLL HILAND MILK SUB SANDWICH W/ CARROTS	Thu - 11/15/2018  CHILI CRACKERS BROCCOLI W/ CHEESE CINNAMON ROLL FRUIT HILAND MILK HAM & CHEESE GOLDFISH SANDWICH W/ CARROTS	Fri - 11/16/2018  CHEESE PIZZA ROMAINE SALAD W/ TOMATO Baby Carrots RANCH DRESSING FRESH FRUIT HILAND MILK PB & J SANDWICH W/ CARROTS
Mon - 11/19/2018  NO SCHOOL TODAY	Tue - 11/20/2018  NO SCHOOL TODAY	Wed - 11/21/2018  NO SCHOOL TODAY	Thu - 11/22/2018  NO SCHOOL TODAY	Fri - 11/23/2018  NO SCHOOL TODAY

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

*\* - denotes combined nutrient totals with either missing or incomplete nutrient data.*

**NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**

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Monday	Tuesday	Wednesday	Thursday	Friday
Mon - 11/26/2018	Tue - 11/27/2018	Wed - 11/28/2018	Thu - 11/29/2018	Fri - 11/30/2018
CHEESEBURGER ON WHOLE WHEAT BUN KETCHUP FRENCH FRIES FRESH BROCCOLI CHEESE SAUCE FRUIT HILAND MILK HAM & CHEESE GOLDFISH SANDWICH W/ CARROTS CHICKEN PATTY SANDWICH	SPAGHETTI W/ MEAT SAUCE BREADSTICK CORN CARROTS FRUIT HILAND MILK TURKEY AND CHEESE SUB W/ CARROTS CHEESEBURGER ON WHOLE WHEAT BUN	CHICKEN STRIPS GRAVY MASHED POTATOES GREEN BEANS FRUIT WHOLE GRAIN ROLL HILAND MILK CHICKEN CIABATTA W/ CARROTS CHEESEBURGER ON WHOLE WHEAT BUN	QUESADILLAS Salsa SEASONED BLACK BEANS CORN FRUIT HILAND MILK TURKEY FLATBREAD W/ CARROTS CHICKEN PATTY SANDWICH	SAUSAGE PIZZA ROMAINE SALAD W/ TOMATO Baby Carrots RANCH DRESSING FRUIT HILAND MILK PB & J SANDWICH W/ CARROTS CHEESEBURGER ON WHOLE WHEAT BUN

\*THIS EMPLOYER IS AN EQUAL OPPORTUNITY PROVIDER

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*\* - denotes combined nutrient totals with either missing or incomplete nutrient data.*

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