

KNOB NOSTER BREAKFAST OCTOBER 2018

Monday	Tuesday	Wednesday	Thursday	Friday
1 PANCAKES SYRUP FRUIT FRUIT JUICE HILAND MILK CEREAL YOGURT	2 EGG & CHEESE BISCUIT FRESH FRUIT FRUIT JUICE HILAND MILK CEREAL YOGURT	3 CINNAMON BREAKFAST CAKE YOGURT FRUIT FRUIT JUICE HILAND MILK CEREAL	4 MINI FRENCH TOAST SYRUP FRUIT FRUIT JUICE HILAND MILK CEREAL YOGURT	5 WHOLE GRAIN BISCUIT BISCUIT GRAVY SAUSAGE LINK FRUIT FRUIT JUICE HILAND MILK CEREAL YOGURT
8 NO SCHOOL TODAY	9 OMELET WHOLE WHEAT TOAST HASH BROWNS FRESH FRUIT FRUIT JUICE HILAND MILK CEREAL YOGURT	10 BREAKFAST PIZZA FRUIT FRUIT JUICE HILAND MILK CEREAL YOGURT	11 PANCAKE WRAP FRUIT FRUIT JUICE HILAND MILK CEREAL YOGURT	12 BISCUITS BISCUIT GRAVY HASH BROWNS SAUSAGE LINK FRUIT FRUIT JUICE HILAND MILK CEREAL YOGURT
15 PANCAKES SYRUP FRUIT FRUIT JUICE HILAND MILK CEREAL YOGURT	16 EGG & CHEESE BISCUIT FRESH FRUIT FRUIT JUICE HILAND MILK CEREAL YOGURT	17 CINNAMON BREAKFAST CAKE YOGURT FRUIT FRUIT JUICE HILAND MILK CEREAL	18 MINI FRENCH TOAST SYRUP FRUIT FRUIT JUICE HILAND MILK CEREAL YOGURT	19 NO SCHOOL TODAY
22 SAUSAGE BISCUIT FRUIT FRUIT JUICE HILAND MILK CEREAL YOGURT	23 OMELET WHOLE WHEAT TOAST HASH BROWNS FRESH FRUIT FRUIT JUICE HILAND MILK CEREAL YOGURT	24 BREAKFAST PIZZA FRUIT FRUIT JUICE HILAND MILK CEREAL YOGURT	25 PANCAKE WRAP FRUIT FRUIT JUICE HILAND MILK CEREAL YOGURT	26 BISCUITS BISCUIT GRAVY HASH BROWNS SAUSAGE LINK FRUIT FRUIT JUICE HILAND MILK CEREAL YOGURT
29 PANCAKES SYRUP FRUIT FRUIT JUICE HILAND MILK CEREAL YOGURT	30 EGG & CHEESE BISCUIT FRESH FRUIT FRUIT JUICE HILAND MILK CEREAL YOGURT	31 CINNAMON BREAKFAST CAKE YOGURT FRUIT FRUIT JUICE HILAND MILK CEREAL	1 MINI FRENCH TOAST SYRUP FRUIT FRUIT JUICE HILAND MILK CEREAL YOGURT	2 WHOLE GRAIN BISCUIT BISCUIT GRAVY SAUSAGE LINK FRUIT FRUIT JUICE HILAND MILK CEREAL YOGURT