

# KNOB NOSTER MS LUNCH

## OCTOBER 2018

Monday	Tuesday	Wednesday	Thursday	Friday
1  CORN DOG Ketchup POTATO WEDGE BAKED BEANS FRUIT HILAND MILK CHICKEN SALAD SANDWICH W/ CARROTS CHEESEBURGER	2  TACO SALAD FRUIT HILAND MILK HAM & CHEESE SANDWICH W/ CARROTS CHICKEN PATTY SANDWICH	3  CHICKEN PATTY GRAVY MASHED POTATOES GREEN BEANS FRUIT WHOLE GRAIN ROLL HILAND MILK SUB SANDWICH W/ CARROTS CHEESEBURGER	4  HOT DOG ON A BUN TATER TOTS Ketchup PORK & BEANS FRUIT HILAND MILK TURKEY & CHEESE ROLL W/ CARROTS CHICKEN PATTY SANDWICH	5  CHEESE PIZZA SALAD W/ TOMATO BABY CARROTS RANCH DRESSING FRESH FRUIT HILAND MILK CHEESEBURGER
8  NO SCHOOL TODAY	9  BEEFY MAC & CHEESE BREADSTICK CORN CARROTS FRUIT HILAND MILK TURKEY CHEESE SUB W/ CARROTS CHICKEN PATTY SANDWICH	10  CHICKEN STRIPS GRAVY MASHED POTATOES CALIFORNIA BLEND FRUIT WHOLE GRAIN ROLL HILAND MILK CHICKEN CIABATTA W/ CARROTS CHEESEBURGER	11  GRILLED CHEESE SANDWICH TOMATO BISQUE SOUP GREEN BEANS FRUIT HILAND MILK TURKEY FLATBREAD CHICKEN PATTY SANDWICH	12  PEPPERONI PIZZA SALAD W/ TOMATO CUCUMBER SLICES RANCH DRESSING FRUIT HILAND MILK CHEESEBURGER
15  CRISPITO CHEESE SAUCE SALSA REFRIED BEANS FRUIT COOKIES MILK TURKEY CHEESE SUB W/ CARROTS AND DIP CHEESEBURGER	16  LASAGNA BREADSTICK BROCCOLI W/ CHEESE CARROTS FRUIT HILAND MILK HAM & CHEESE SANDWICH W/ CARROTS CHICKEN PATTY SANDWICH	17  CHICKEN PATTY GRAVY MASHED POTATOES GREEN BEANS FRUIT WHOLE GRAIN ROLL HILAND MILK SUB SANDWICH W/ CARROTS CHEESEBURGER	18  BREADED MOZZARELLA STICKS MARINARA SAUCE CORN FRUIT HILAND MILK TURKEY & CHEESE ROLL W/ CARROTS CHICKEN PATTY SANDWICH	19  NO SCHOOL TODAY
22  CHEESEBURGER KETCHUP FRENCH FRIES FRESH BROCCOLI CHEESE SAUCE FRUIT HILAND MILK HAM & CHEESE SANDWICH W/ CARROTS CHICKEN PATTY SANDWICH	23  SPAGHETTI BREADSTICK CORN CARROTS FRUIT HILAND MILK TURKEY AND CHEESE SUB W/ CARROTS CHEESEBURGER	24  CHICKEN STRIPS GRAVY MASHED POTATOES GREEN BEANS FRUIT WHOLE GRAIN ROLL HILAND MILK CHICKEN CIABATTA W/ CARROTS CHEESEBURGER	25  QUESADILLAS Salsa BLACK BEANS CORN FRUIT HILAND MILK TURKEY FLATBREAD W/ CARROTS CHICKEN PATTY SANDWICH	26  SAUSAGE PIZZA SALAD W/ TOMATO Baby Carrots RANCH DRESSING FRUIT HILAND MILK CHEESEBURGER
29  CORN DOG Ketchup POTATO WEDGE BAKED BEANS FRUIT HILAND MILK CHICKEN SALAD SANDWICH W/ CARROTS CHEESEBURGER	30  Crunchy Tacos Cheesy Mexican Rice Carrots FRUIT HILAND MILK HAM & CHEESE SANDWICH W/ CARROTS CHICKEN PATTY SANDWICH	31  CHICKEN PATTY GRAVY MASHED POTATOES GREEN BEANS FRUIT ROLL HILAND MILK SUB SANDWICH W/ CARROTS CHEESEBURGER	1  HOT DOG ON A BUN TATER TOTS Ketchup PORK & BEANS FRUIT HILAND MILK TURKEY & CHEESE ROLL W/ CARROTS CHICKEN PATTY SANDWICH	2  CHEESE PIZZA SALAD W/ TOMATO BABY CARROTS RANCH DRESSING FRESH FRUIT HILAND MILK CHEESEBURGER

\*THIS EMPLOYER IS AN EQUAL OPPORTUNITY PROVIDER